

ADRC Advisory Committee

DATE 8/6/26

Board Members: Lynn Schwochert, Mary Walters, Phyllis Mabie, Peggy Krause, Marilyn Merrill, Kathy Grant

Board Members Absent: Donna Brossard, Venise Mugler, Barb Jordan

Others Present: Jan Krueger, Mandy Stanley, Chuck Bornhoeft, Jean Lynch

1. Call to Order	Peggy Krause called the meeting to order at 9:01
2. Pledge of Allegiance	
3. Review and Approve the Agenda	Mary made the motion to approve the agenda. Marilyn seconded the motion. Motion Passed
4. Committee Members Welcome and Introduction	All introduced themselves, as we have a new committee member.
5. Citizen Comments	None
6. Review and Approve Minutes of last meeting	Marilyn made the motion to approve the minutes. Lynn seconded the motion. Motion Passed
7. DHS Quality Review - LTCFS	Went through a desk review for our Long-Term Care Functional Screens. We have had a successful completion of the review. Letter Shared.
8. Completion of 2025-2027 Aging Plan review	Annual Review of the Aging Plan went well. Letter shared.
9. 2025-2027 Aging Plan – Goal Review	<p>Reviewed...Goals and Strategies</p> <p>Goal Title III-B Supportive Services: Aging Plans for 2025–2027</p> <p>Aging Network value: Equity</p> <p>Goal statement:</p> <p>Marquette County Transportation Program will offer accessible transportation on a donation basis to people 60+ for community engagement events. We will provide transportation to community events a minimum of 2 times/year, focusing the pick-up location on different areas of the community. This transportation will coincide with social gatherings already established (i.e., Senior Picnic, Caregiver Luncheon, Older American Celebration, etc.) through the ADRC.</p> <p>Complete for 2025</p> <ul style="list-style-type: none"> • Older American Celebration – May 14th, 2025 • Picnic in the Park – June 19th, 2025 <p>Progress for 2026</p> <ul style="list-style-type: none"> • Older American Celebration – May 2026 • Caregiver Appreciation – (planning November) <p>Goal Title III-C Nutrition Program: Aging Plans for 2025–2027</p> <p>Aging Network value: Person Centeredness</p> <p>Goal statement:</p> <p>Marquette County Nutrition Program will transition to person-centered nutrition planning by implementing the GWAAR Person-Centered Meal Prioritization Process (Assessment tool) over the next 3 years. This will ensure that we can effectively serve the 60+ population with nutrition, socialization opportunities, and health/nutrition education while operating within our capacity and trying to avoid waitlists.</p> <p>Complete for 2025</p> <ul style="list-style-type: none"> • Tool implemented 1/2025 <p>Progress for 2026</p> <ul style="list-style-type: none"> • Ongoing for 2026

	<p>Goal Title III-D Evidence-Based Health Promotion: Aging Plans for 2025–2027 Aging Network value: Equity Goal statement: Marquette County ADRC will implement Title IIID Evidence-Based Programs, focusing on equity by serving a variety of geographical areas throughout Marquette County. We will focus on equity of services by implementing Evidence-Based Programs in places that are accessible and cover the county, including all 6 communities where we host senior dining sites over the next 3 years. We will host a minimum of 2 evidence-based classes each year. This will ensure that we can effectively serve the 60+ population with evidence-based programs providing opportunities for all Marquette County areas.</p> <p>Complete for 2025</p> <ul style="list-style-type: none"> • Stepping On- Westfield: March 11- April 22, 2025 • Mind Over Matter- Montello: March 26- April 23, 2025 • Walk with Ease- Westfield: June 3- July 8, 2025 • Powerful Tools for Caregivers: July 10th-August 14th, 2025, Virtual • Living Well – Montello (Senior Village Apts.)- August 4-September 15, 2025 • Stand Up for Your Health- Endeavor, September 24-October 15, 2025 • Mind over Matter: October 30-December 18th in Westfield. <p>Progress for 2026</p> <ul style="list-style-type: none"> • Powerful Tools for Caregivers: Feb 9- Feb 13 • Powerful Tools for Caregivers: Feb 18-March 25 – Virtual • Mind Over Matter: Feb 24th – Virtual • Stepping On: April 21- June 2 – Oxford Village Hall • Stepping Up Your Nutrition: June 9- Oxford Village Hall • Boost Your Brain and Memory June 2-30th Virtual (postponed due to lack of people signing up) • Walk with Ease: June 23- August 11- Marquette County Health & Human Services Building <p><u>Planning</u></p> <ul style="list-style-type: none"> • Living Well with Health Conditions: August 24- October 5- Westfield Village Hall • Boost Your Brain and Memory (Fall – possibly in Neshkoro) <p>Goal Title III-E Caregiver Supports: Aging Plans for 2025–2027 Aging Network value: Advocacy Goal statement: Marquette County ADRC will implement new strategies for reaching Caregivers in the community. We will focus on advocacy and outreach for all of Marquette County in a variety of platform methods. This will ensure we are reaching Caregivers and offering support and services that reach a wide variety of the population.</p> <p>Complete for 2025</p> <ul style="list-style-type: none"> • QR Flyer campaign starting June 2025 <ul style="list-style-type: none"> ○ General ADRC Flyer QR - Food Bank ○ Bulletin Board Flyer QR - Resources ○ General ADRC Flyer QR – Fish and Fun, Fair • New memory café in Montello.
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	<p>Progress for 2026</p> <ul style="list-style-type: none"> • Monthly Caregiver Education Topic: <ul style="list-style-type: none"> ○ January – Communication Tips for Caregivers ○ February – Understanding the effects of Dementia ○ March – Home Safety for People with Dementia ○ April – Understanding Facility Care ○ May 13 - Championing your health ○ June 18th – Options – Assistive Technology ○ July 16th Options – Remote Caregiving ○ July 21st- Understanding Dementia <p><u>Planning</u></p> <ul style="list-style-type: none"> ○ August 18th- Q and A with DCS ○ August 20th – Options – Vision and Hearing Changes ○ Sept. 15- Understanding Difficult Behaviors ○ Oct. 20- Making the Holidays Meaningful <p>We are working with Options and 2 other counties for a caregiver training series. Green Lake, Waushara, and Marquette.</p>
<p>10. Nutrition Program</p> <ul style="list-style-type: none"> A. Review information from the state/other counties B. Program data sheets/meal cost tool C. Staffing Pilot D. Dining Site Update 	<p>A and B:</p> <p>Peggy handed out her summary of the WAND data. She created a spreadsheet to share with everyone.</p> <p>Discussion on the Meal Cost Tool for 2024 and 2025 program years. Looked at some of the line numbers and changes from one year to the other.</p> <p>Jean Lynch gave an overview of the Nutrition Program and how the Meal Cost Tool is developed. Each County and Tribe has different amounts depending on funding sources, indirect expenses, and volunteers within the program. Some counties reimburse volunteers' mileage, and some don't. This impacts Home Delivered meal cost greatly across County and Tribe programs.</p> <p>Marquette County has a limited number of volunteers in the program as our population pool does not support a high level of intensive volunteers. These positions are staffed and are generally covered by people who want part-time work in retirement.</p> <p>Discussion on state allocations and how it is based on census data and population. Marquette County's funding went down a bit for the year 2026. This can fluctuate from year to year. The formula is based on Federal and State criteria.</p> <p>Discussion on COVID and how it has changed the utilization rate of the Nutrition Program. People found other means to get their needs met. The Congregate part of the Nutrition Program took a long time to reopen after COVID. There were tremendous requirements placed on the program for the safety of the population. The congregate utilization has not bounced back to what it was before the pandemic.</p> <p>Discussion on Aging Plan Development. In the process for the 3-year plan, we do surveys and public forums. The goal is to ask for public input on what they would like for services in the county. There are topic areas, but feedback is needed to determine where we want to put our focus.</p>

	<p>Jean talked about Pop-up Dining and the restaurant model or My Meal My Way. Discussion on restaurant model funding and process. Some concerns that the restaurants in our area might not be able to accommodate the dietary needs of the program. Cost efficiency related to restaurant model – depends on the food and attendance. Pop-up Ideas include: senior prom, nighttime market, movie theater, picnic in the park. The program already does 5 “pop-up” activities a year, including Picnic in the Park, Older American Celebration, and Caregiver Appreciation</p> <p>Mobility in the county is also a consideration. Some seniors will be comfortable driving further distances; some stay very local.</p> <p>Peggy brought the discussion to a close, stating the committee may want to explore other options for the Nutrition Program. Need to determine the next steps. Lynn suggested we narrow our focus to identify the purpose of looking at other options (Serve More Meals, Cost Containment, Variety for Participants). Discussion on our well-functioning Meal Program – we need to be cost-effective, but are we serving the community needs?</p> <p>The committee came to the conclusion that a community is needed. Survey the older adults in the community – what do they want? - Nutrition Program current members, Senior Center, Board Members as advocates, Food Bank participants, post on website.</p> <p>Peggy wrapped up the conversation – next steps: set up a survey – Jan will create the survey and get it out to board members. Marilyn would love to be an advocate and will go out and help people complete the survey at sites or events. Lynn will help distribute the survey at the food bank. Jan asked the rest of the committee to take the survey to their other boards, committees, groups, and be an ambassador of the program to gather as much feedback as possible.</p> <p>C: Staffing discussion and changing the philosophy of the pool of staff. Changing the concept from a person assigned to a position to identifying the services needed and having a pool of team members that can be assigned to fulfill the task.</p> <p>D: Site location for Montello- no community locations – look at room enhancements to make it more welcoming. Maybe adding a cabinet and some cards and game options. With the new staffing concept, working on getting Montello back to 3 days a week. Additional location was discussed as a possibility for a congregate dining site. Senior Villages on F – Cap Services – Community Room – may be able to host a site.</p>
11. Events/topics (discussion only)	Outreach discussion Activities the ADRC participated in - Fish N Fun, Dairylicious, Fair, Heritage Days, Touch a Truck.
12. Schedule the Next Meeting Date	November 5 th , 2026, at 9:00 AM
13. Motion to Adjourn	Upon completion of the agenda, Peggy adjourned the meeting at 10:43 A.M.

Minutes Submitted by: Jan Krueger
(Drafted 8/6/26)